

Peer Support Group Network
Healthy Gossip – Douching
Pre/Post Test

ID # _____
Facilitator: _____

Date: _____

Location: _____

1. Should a woman douche while she is pregnant?

- Yes
- Sometimes
- No

2. Should a woman douche to keep herself clean and smelling fresh?

- Yes
- Sometimes
- No

3. The vaginal can produces its own fluids to naturally keep itself clean.

- True
- False
- I don't Know

4. It is natural to have vaginal secretions.

- True
- False
- I don't know

5. Douching can rinse away healthy & protective fluids in the walls of the vaginal.

- True
- False
- I don't know

6. Douching gets rid of yeast infections.

- Yes
- Sometimes
- I don't Know
- No

7. Douching can complicate yeast infections.

- Yes
- No
- I don't Know

8. Check any of the following that are signs of yeast infections.

- Fishy smell
- Cottage-cheesy, yeast discharge
- Yellowish, greenish or bloody discharge
- Vulva inflammation and/or itching
- None of the above
- All of the above

9. Healthy Gossip uses photo novella stories to tell a story. From your view was this approach

- Very helpful
- Somewhat helpful
- Helpful
- Not much help
- Not helpful at all

10. How could the Healthy Gossip series be improved?

- More pictures
- Different style of dialog
- More hip in its presentation
- Other